

Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie Junior High
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/01/2024								
Classic Hummus Box - SR3878 (1 Box)	10	402.30	23.34	7.89	0.00	775.70	37.45	16.78
Crispy Chicken Salad - SR3882 (1 salad)	25	269.20	14.27	3.77	0.00	460.05	19.92	17.19
Italian Deli Style Sub - SR3873 (1 sandwich)	30	359.08	15.78	5.46	0.00	929.59	33.19	23.81
Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	1762.91	48.61	21.27
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42633 - ServingDate: 05/02/2024								
Protein Power Up Box - SR3879 (1 Box)	10	470.00	29.00	7.00	0.00	500.00	41.00	16.00
Chicken Caesar Salad - SR3572 (1 salad)	15	164.21	6.89	1.46	0.00	410.56	8.68	17.25
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42633 - ServingDate: 05/03/2024								
Deli Bento Box - OKR1991 (1 Box)	10	305.16	11.55	4.01	0.00	843.07	30.55	21.41
Garden Fiesta Salad - SR3881 (1 salad)	15	226.34	9.60	5.01	0.00	641.29	24.62	12.29
Turkey Ham and Cheese Sub - SR3870 (1 sandwich)	40	287.77	10.60	4.02	0.00	703.36	32.01	19.26
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/06/2024								
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	369.77	10.82	3.48	0.00	555.92	53.36	13.82
Chef Salad - OKR1990 (1 salad)	10	211.35	12.71	6.16	0.00	403.14	9.33	16.54
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	25	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (1 breadstick)	10	80.00	1.00	0.00	0.00	95.00	14.00	3.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/06/2024								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42633 - ServingDate: 05/07/2024								
Strawberry Banana Parfait - SR1737 (1 parfait)	15	546.75	10.72	1.79	0.04	301.19	102.88	11.73
Hearty Garden Vegetable Salad - SR3876 (1 salad)	15	180.45	6.86	2.29	0.00	270.37	20.41	11.46
American Deli Style Sub - SR3874 (1 sandwich)	30	307.41	10.58	3.52	0.00	788.92	32.51	23.71
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	25	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (1 breadstick)	40	80.00	1.00	0.00	0.00	95.00	14.00	3.00
From the Garden Bar - SR2596 (1 serv.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/08/2024								
Classic Hummus Box - SR3878 (1 Box)	10	402.30	23.34	7.89	0.00	775.70	37.45	16.78
Crispy Chicken Salad - SR3882 (1 salad)	25	269.20	14.27	3.77	0.00	460.05	19.92	17.19
Italian Deli Style Sub - SR3873 (1 sandwich)	30	359.08	15.78	5.46	0.00	929.59	33.19	23.81

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/08/2024								
Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	1762.91	48.61	21.27
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42633 - ServingDate: 05/09/2024								
Protein Power Up Box - SR3879 (1 Box)	10	470.00	29.00	7.00	0.00	500.00	41.00	16.00
Chicken Caesar Salad - SR3572 (1 salad)	15	164.21	6.89	1.46	0.00	410.56	8.68	17.25
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42633 - ServingDate: 05/10/2024								
Deli Bento Box - OKR1991 (1 Box)	10	305.16	11.55	4.01	0.00	843.07	30.55	21.41
Garden Fiesta Salad - SR3881 (1 salad)	15	226.34	9.60	5.01	0.00	641.29	24.62	12.29
Turkey Ham and Cheese Sub - SR3870 (1 sandwich)	40	287.77	10.60	4.02	0.00	703.36	32.01	19.26
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/13/2024								
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	369.77	10.82	3.48	0.00	555.92	53.36	13.82
Chef Salad - OKR1990 (1 salad)	10	211.35	12.71	6.16	0.00	403.14	9.33	16.54
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	25	566.37	26.16	7.55	0.00	718.80	65.99	18.55
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SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/13/2024								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42633 - ServingDate: 05/14/2024								
Strawberry Banana Parfait - SR1737 (1 parfait)	15	546.75	10.72	1.79	0.04	301.19	102.88	11.73
Hearty Garden Vegetable Salad - SR3876 (1 salad)	15	180.45	6.86	2.29	0.00	270.37	20.41	11.46
American Deli Style Sub - SR3874 (1 sandwich)	30	307.41	10.58	3.52	0.00	788.92	32.51	23.71
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	25	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (1 breadstick)	40	80.00	1.00	0.00	0.00	95.00	14.00	3.00
From the Garden Bar - SR2596 (1 serv.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/15/2024								
Classic Hummus Box - SR3878 (1 Box)	10	402.30	23.34	7.89	0.00	775.70	37.45	16.78
Crispy Chicken Salad - SR3882 (1 salad)	25	269.20	14.27	3.77	0.00	460.05	19.92	17.19
Italian Deli Style Sub - SR3873 (1 sandwich)	30	359.08	15.78	5.46	0.00	929.59	33.19	23.81

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SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/15/2024								
Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	1762.91	48.61	21.27
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42633 - ServingDate: 05/16/2024								
Protein Power Up Box - SR3879 (1 Box)	10	470.00	29.00	7.00	0.00	500.00	41.00	16.00
Chicken Caesar Salad - SR3572 (1 salad)	15	164.21	6.89	1.46	0.00	410.56	8.68	17.25
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
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Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42633 - ServingDate: 05/17/2024								
Deli Bento Box - OKR1991 (1 Box)	10	305.16	11.55	4.01	0.00	843.07	30.55	21.41
Garden Fiesta Salad - SR3881 (1 salad)	15	226.34	9.60	5.01	0.00	641.29	24.62	12.29
Turkey Ham and Cheese Sub - SR3870 (1 sandwich)	40	287.77	10.60	4.02	0.00	703.36	32.01	19.26
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
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Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/20/2024								
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	369.77	10.82	3.48	0.00	555.92	53.36	13.82
Chef Salad - OKR1990 (1 salad)	10	211.35	12.71	6.16	0.00	403.14	9.33	16.54
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
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SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE- FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/20/2024								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE- FAST-Composed Recipes Day 2 :42633 - ServingDate: 05/21/2024								
Strawberry Banana Parfait - SR1737 (1 parfait)	15	546.75	10.72	1.79	0.04	301.19	102.88	11.73
Hearty Garden Vegetable Salad - SR3876 (1 salad)	15	180.45	6.86	2.29	0.00	270.37	20.41	11.46
American Deli Style Sub - SR3874 (1 sandwich)	30	307.41	10.58	3.52	0.00	788.92	32.51	23.71
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Breadstick - SR1044 (1 breadstick)	40	80.00	1.00	0.00	0.00	95.00	14.00	3.00
From the Garden Bar - SR2596 (1 serv.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE- FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/22/2024								
Classic Hummus Box - SR3878 (1 Box)	10	402.30	23.34	7.89	0.00	775.70	37.45	16.78
Crispy Chicken Salad - SR3882 (1 salad)	25	269.20	14.27	3.77	0.00	460.05	19.92	17.19
Italian Deli Style Sub - SR3873 (1 sandwich)	30	359.08	15.78	5.46	0.00	929.59	33.19	23.81

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Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	1762.91	48.61	21.27
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42633 - ServingDate: 05/23/2024								
Protein Power Up Box - SR3879 (1 Box)	10	470.00	29.00	7.00	0.00	500.00	41.00	16.00
Chicken Caesar Salad - SR3572 (1 salad)	15	164.21	6.89	1.46	0.00	410.56	8.68	17.25
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie Junior High
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42633 - ServingDate: 05/24/2024								
Deli Bento Box - OKR1991 (1 Box)	10	305.16	11.55	4.01	0.00	843.07	30.55	21.41
Garden Fiesta Salad - SR3881 (1 salad)	15	226.34	9.60	5.01	0.00	641.29	24.62	12.29
Turkey Ham and Cheese Sub - SR3870 (1 sandwich)	40	287.77	10.60	4.02	0.00	703.36	32.01	19.26
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/27/2024								
Fiesta Layered Dip with Chips - SR3885 (1 Box)	10	369.77	10.82	3.48	0.00	555.92	53.36	13.82
Chef Salad - OKR1990 (1 salad)	10	211.35	12.71	6.16	0.00	403.14	9.33	16.54
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	25	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (1 breadstick)	10	80.00	1.00	0.00	0.00	95.00	14.00	3.00

Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie Junior High
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 1 :42633 - ServingDate: 05/27/2024								
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 2 :42633 - ServingDate: 05/28/2024								
Strawberry Banana Parfait - SR1737 (1 parfait)	15	546.75	10.72	1.79	0.04	301.19	102.88	11.73
Hearty Garden Vegetable Salad - SR3876 (1 salad)	15	180.45	6.86	2.29	0.00	270.37	20.41	11.46
American Deli Style Sub - SR3874 (1 sandwich)	30	307.41	10.58	3.52	0.00	788.92	32.51	23.71
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	25	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (1 breadstick)	40	80.00	1.00	0.00	0.00	95.00	14.00	3.00
From the Garden Bar - SR2596 (1 serv.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/29/2024								
Classic Hummus Box - SR3878 (1 Box)	10	402.30	23.34	7.89	0.00	775.70	37.45	16.78
Crispy Chicken Salad - SR3882 (1 salad)	25	269.20	14.27	3.77	0.00	460.05	19.92	17.19
Italian Deli Style Sub - SR3873 (1 sandwich)	30	359.08	15.78	5.46	0.00	929.59	33.19	23.81

Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie Junior High
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 3 :42633 - ServingDate: 05/29/2024								
Buffalo Chicken Wrap - SR3899 (1 wrap)	10	483.75	22.59	7.85	0.00	1762.91	48.61	21.27
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	40	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 4 :42633 - ServingDate: 05/30/2024								
Protein Power Up Box - SR3879 (1 Box)	10	470.00	29.00	7.00	0.00	500.00	41.00	16.00
Chicken Caesar Salad - SR3572 (1 salad)	15	164.21	6.89	1.46	0.00	410.56	8.68	17.25
Turkey & Cheese Sub - OKR1987 (1 sandwich)	40	286.09	9.07	2.50	0.00	682.77	32.01	22.28
Crispy Chicken Wrap - SR3898 (1 wrap)	10	528.67	25.50	8.07	0.00	1158.94	56.77	20.39
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2024

Site: Guthrie Junior High
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_FE_Fast Takes_SY23-24 T4/FoodiE-CORE-FAST-Composed Recipes Day 5 :42633 - ServingDate: 05/31/2024								
Deli Bento Box - OKR1991 (1 Box)	10	305.16	11.55	4.01	0.00	843.07	30.55	21.41
Garden Fiesta Salad - SR3881 (1 salad)	15	226.34	9.60	5.01	0.00	641.29	24.62	12.29
Turkey Ham and Cheese Sub - SR3870 (1 sandwich)	40	287.77	10.60	4.02	0.00	703.36	32.01	19.26
Chicken Caesar Wrap - SR2557 (1 wrap)	10	441.68	23.67	6.52	0.00	690.56	36.34	20.70
Sunbutter & Jelly Sandwich Box - OKR1989 (1 portion)	5	776.18	40.77	4.98	0.00	724.29	85.73	22.33
Uncrustable Box - OKR1988 (1 portion)	20	566.37	26.16	7.55	0.00	718.80	65.99	18.55
Breadstick - SR1044 (2 breadstick)	15	160.00	2.00	0.00	0.00	190.00	28.00	6.00
From the Garden Bar - SR2596 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: FoodiE Cafe
Menu Line: FE-Fast Takes
Serving Group: 6-8
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.